

Course Title: Eastern Body Massage With/without Compulsory Anatomy Course

Course Cost:

Group Course: £475

1-1 Course: £550 – bring your own models, student does not receive a treatment

If anatomy already completed:

Proof of anatomy qualification required

Group - £400

1-1 £500 – bring your own models, student does not receive a treatment

Course Length: 3 Days

Course Entry Requirements: None Required

Course Type:

Theory & Practical - includes exam (returned in 7 working days) and case studies (up to 6 months to complete) for all students (these are PDF's and completed electronically at home)

Anatomy for body massage Course via Home Study – again completed electronically. Your course manual & exams are supplied in electronic form – pdf files – **completed preferably before course date.**

Not suitable for tablets or mobile.

Qualification awarded

DT Practitioner's Diploma

Accreditation

Accredited with the Guild of Holistic Therapists

CPD Points

49 points

Paying for your course:

ITA Funding - This course can be funded using Individual Training Account funds – PLEASE NOTE - the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. ITA funds include the required deposit but if a student cancels the course then the student is liable for the deposit and will be invoiced accordingly.

Deposit, Full Payment & Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date.

Course Information:

Eastern Body Massage (EBM) differs greatly from Swedish or Holistic Massage in a variety of ways. With EBM, we treat mind, body and soul and every massage a client receives will be different, because we learn how to make our massage fit the client, not the client getting the same regardless of ailment. It is not structured in following a set routine like Swedish does, rather giving you, the therapists, much more control of what techniques/tools are used and when to use them. Through doing this, you will deliver a different massage every time!



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We target the muscles in a different way and we go much deeper using more techniques than is in a standard Swedish massage. We also follow meridian lines much more closely, these are our energy pathways around the body and often become blocked through illness, stress, accidents etc by doing so we target as many Acupressure/Acupuncture points as we can and with over 7000 of these in the body we manage to stimulate many!

Along with basic massage techniques such as effleurage, petrissage & tapotment, you will learn many more techniques that we call tools, that we can put in our toolbox – this enables you to tailor the massage for each individual client.

This is an intense 3 day attended Group course, with students working on each other. Maximum of 4 students attend

**Course Manual
Contents
Include :**

- Copyright, Insurance, Tax & Accounts
- History of Massage, Benefits
- Contra-Indications
- Routine
- Client Consultation Forms & Data Protection, including a template
- After Care advice, including a template
- Health & Safety Legislation/Law, Licence Requirements
- Infection Control, Methods of Sterilisation & Sensitivity Testing
- Therapists Code of Practice
- Using Aromatherapy Oils or Waxes

**Practical
Modules to be
Completed**

- Massaging Back
- Massaging back & front of legs
- Massaging the feet, Arms & Hands
- Massaging Abdomen
- Massaging neck, chest & face

**Anatomy for
Body Massage
Course
Contents:**

1. Muscles
2. Musculoskeletal System
3. Bones
4. Blood
5. Lymph System
6. Skin and Hair
7. The ear



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