

Course Title:	Hopi Candling Course
Course Cost:	
Group Course:	£135
1-1 Course:	£165 – bring your own models, student does not receive a treatment
Course Length:	1 Day
Course Entry Requirements:	No requirements
Course Type:	Theory & Practical - includes exam (returned in 7 working days) and case studies, up to 6 months to complete from course date. These are PDF's and completed electronically at home Not suitable for tablets or mobile.
Qualification awarded	DT Practitioners Diploma
Accreditation	Accredited with the Guild of Holistic Therapists
CPD Points	15 points
Paying for your course:	ITA Funding - This course can be funded using Individual Training Account funds – PLEASE NOTE the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. ITA funds include the required deposit but if a student cancels the course then the student is liable for the deposit and will be invoiced accordingly. Deposit, Full Payment & Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date.
Course Information:	Hopi ear candling, also known as Thermo Auricular Therapy, is an ancient form of therapy practised by many people on a worldwide basis. Its name is associated with the Hopi Indians of North Arizona, USA and means 'peaceful people'. The Hopi people, the oldest Pueblo tribe, took their knowledge of healing and deep spirituality and spread it throughout Europe. Quite different from conventional wax candles, a Hopi ear candle is actually a cotton tube, impregnated with beeswax, honey and therapeutic oils, that is painlessly inserted into the ear to draw out impurities, relieve pressure in the head and sinuses, and aid hearing problems. Most candles are hand made using traditional recipes from plain natural beeswax to the inclusion of essential oils. The candles will contain natural ingredients such as, honey extracts, pure essential oils, sage, chamomile oils, beta-carotene, hypericum and pesticide-free woven cotton with pure bees-wax. Biosun are currently the favourite candle used by therapists



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but technology progresses.

The candles work by vaporising their ingredients. Once lit, they cause a convectional air flow towards the first chamber of the ear.

When the candle is correctly inserted into the ear it forms a seal which enables wax and other impurities to be drawn out of the ear.

This seal will then create a mild suction effect, which lets the vapours gently massage the eardrum and auditory canal.

On the course you will learn how to handle the candles safely, such as insertion and extraction, extinguishing the candle, position of the body and finally you will learn an ayurvedic lymph drainage massage for the face.

**Course Manual
Contents
Include :**

- Copyright, Insurance, Tax & Accounts
- History of Hopi Candling Therapy
- Benefits of an Hopi Candling Therapy
- Contra-Indications for Hopi Candling Therapy
- Lighting/extraction & Extinguishing the candle
- Lymphatic drainage massage for the face routine
- Client Consultation Form & Data Protection
- Consultation Form & After Care Advice Templates
- Health & Safety Law, Licence Requirements
- Infection Control
- Sensitivity Testing
- Therapists Code of Practice
- Anatomy with a reference manual supplied for ongoing learning

**Practical
Modules to be
completed**

- Candles – light and explanation of findings
- Face Massage



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