

Course Title:	Indian Head Massage Course
Course Cost:	£135 – 1 day intense course for experienced therapists
Group Course 1-1 Course:	£165 – bring your own models, student does not receive a treatment
Group Course – non experienced	£185 - 2 days - non experienced therapist / like a slower pace of learning
Course Entry Requirements:	1 day – therapists who have previous massage experience 2 days – no entry requirement
Course Type:	Theory & Practical - includes exam (returned in 7 working days) and case studies, up to 6 months to complete from course date. These are PDF's and completed electronically at home Not suitable for tablets or mobile.
Qualification awarded	DT Practioners Diploma
Accreditation	Accredited with the Guild of Holistic Therapists
CPD Points	15 points
Paying for your course:	ITA Funding - This course can be funded using Individual Training Account funds – PLEASE NOTE the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. ITA funds include the required deposit but if a student cancels the course then the student is liable for the deposit and will invoiced accordingly. Deposit, Full Payment & Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date.
Course Information:	Head Massage , also known as Champissage from the Hindu word 'champi' meaning massage - which is where the word shampoo comes from, dates back in India some 4,000 years ago. Its a form of massage incorporated within the ancient healing art of Ayurveda which is based on achieving physical and mental harmony in nature and aims to treat the root of a disease rather than just the symptoms! Although called Head Massage it includes neck, shoulders arms, face and ears. The treatment/session uses a specific 'connect-in' technique to reach deep seated tension in muscles. It soothes comforts and rebalances energy flow leaving one with a feeling of peace and tranquillity The Ayurvedic system is basically a medical system that maintains that there are 3 essential doshas which cause disease if they become imbalanced. Each of the three doshas has a role to play in the body: VATA - is the driving force, it relates mainly to the nervous system and the body's energy centre. PITTA - is fire, it relates to the metabolism, digestion, enzymes, acid and bile.



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KAPHA - is related to Water in the mucous membranes, phlegm, moisture, fat and lymphatic's.

**Course Manual
Contents
Include :**

- Copyright, Insurance, Tax & Accounts
- History of Indian Head Massage
- Benefits of an Indian Head Massage
- Contra-Indications for Indian Head Massage
- Routine for neck, shoulders, scalp and face
- Client Consultation Form & Data Protection
- Consultation Form & After Care Advice Templates
- Using Aromatherapy Oils & Waxes during Massage
- Health & Safety Law, Licence Requirements
- Infection Control
- Sensitivity Testing
- Therapists Code of Practice
- Anatomy with a reference manual supplied for ongoing learning

**Practical
Modules to be
completed**

- Neck & Shoulders
- Scalp
- Face



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Tel: 01592-328350 - E-mail: admin@dttherapyschool.co.uk - Web: www.dttherapyschool.co.uk