

<b>Course Title:</b>	<b>Usui Reiki Level 1 &amp; 2 Course</b>
<b>Course Cost:</b>	£135
<b>Group Course</b>	
<b>1-1 Course:</b>	£165 – bring your own models, student does not receive a treatment – recommended for those who do not have previous massage experience or prefer a slower pace of learning.
<b>Course Length</b>	1 day
<b>Course Entry Requirements:</b>	<b>None for level 1 but copy of level 1 certificate is required for attending level 2</b>
<b>Course Type:</b>	Theory & Practical - includes exam (returned in 7 working days) and case studies, up to 6 months to complete from course date. These are PDF's and completed electronically at home <b>Not suitable for tablets or mobile.</b>
<b>Qualification awarded</b>	DT Practitioners Diploma
<b>Accredited &amp; Insurable</b>	Accredited with the Guild of Holistic Therapists
<b>CPD Points</b>	15 points
<b>Paying for your course:</b>	<b>ITA Funding</b> - This course can be funded using Individual Training Account funds – PLEASE NOTE the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. ITA funds include the required deposit but if a student cancels the course then the student is liable for the deposit and will be invoiced accordingly.  <b>Deposit, Full Payment &amp; Balance – For all non ITA applicants</b> - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date.

**Course Information:**

**Reiki** is a Japanese word meaning Universal Life Force Energy, a vital force which permeates all living things. It is pronounced as ray (the sun's ray) and key (like door key) – ray key.

**Reiki** is also referred to as the Usui System of Natural Healing.

**Reiki** is an energy technique that balances, harmonizes and restores our energy systems by channelling the energy through the s in the palms of the hands



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Reiki 1st degree is a full practitioner's course you are given two symbols as part of your attunement. You learn about hands on / hands off positions, self treatments, grounding, exercises and so much more.

Reiki 2<sup>nd</sup> degree- raises the power of reiki and also give you 3 further symbols to use. You learn about distant healing, emotional healing and much, much more.

**Course Manual  
Contents  
Include :**

- Copyright, Insurance, Tax & Accounts
  - History of Seated Acupressure Massage
  - How Does it Work
  - The Meridians
  - Benefits of a Seated Acupressure Massage
  - Contra-Indications for Seated Acupressure Massage
  - Routine
  - Client Consultation Form & Data Protection
  - Consultation Form Template
  - After Care Advice Template
  - Using Aromatherapy Oils & Waxes during Massage
  - Common Foot Problems
  - Health & Safety Law, Licence Requirements
  - Infection Control
  - Sensitivity Testing
  - Therapists Code of Practice
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- Body Treatment

**Practical  
Modules to be  
completed**



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