

Course Title:	Thai Hand Massage Course
Course Cost:	£135
Group Course	
1-1 Course:	£165 – bring your own models, student does not receive a treatment – recommended for those who do not have previous massage experience or prefer a slower pace of learning.
Course Length	1 day
Course Entry Requirements:	None
Course Type:	Theory & Practical - includes exam (returned in 7 working days) and case studies, up to 6 months to complete from course date. These are PDF's and completed electronically at home Not suitable for tablets or mobile.
Qualification awarded	DT Practitioners Diploma
Accreditation	Accredited with the Guild of Holistic Therapists
CPD Points	15 points
Paying for your course:	ITA Funding - This course can be funded using Individual Training Account funds – PLEASE NOTE the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. ITA funds include the required deposit but if a student cancels the course the student is liable for the deposit and will be invoiced accordingly. Deposit, Full Payment & Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date.
Course Information:	Thai Hand Massage is part of the traditional thai massage that originated in Thailand about 2000 years ago. It has elements of Shiatsu, Reflexology, Chinese massage and Yoga incorporated into the massage itself. It is still taught by Buddhist monks in the temples of Thailand. Its roots can be traced back to ancient India.

In Thai Hand Massage concentration is given to the 12 major energy lines (called meridian lines) in the body. These lines end into 'pressure points', which reflect a map of the bodies organs, they can also be found on the feet. The course will concentrate on the art of Thai Hand Massage. The map of the hand is included in the course manual. By manipulating these different points, the body and the mind are stimulated to restore the balance in that particular area and thereby throughout the whole body. It helps warm up muscles, increase blood flow and oxygen in to the whole body thus improving circulation. It stimulates the lymphatic drainage, begins the breakdown of toxins that have built up so boosting the immune system.



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Please Note: this course does not use Thai Sticks during the massage

**Course Manual
Contents
Include :**

- Copyright, Insurance, Tax & Accounts
- History of Thai Hand Massage
- Benefits of an Thai Hand Massage
- Contra-Indications for Thai Hand Massage
- Routine
- Client Consultation Form & Data Protection
- Consultation Form & After Care Advice Templates
- Using Aromatherapy Oils & Waxes during Massage
- Health & Safety Law, Licence Requirements
- Infection Control
- Sensitivity Testing
- Therapists Code of Practice
- Anatomy Reference manual is supplied for ongoing learning
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- Foot & Lower Hand & Lower Arm Treatment

**Practical
Modules to be
completed**



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